



DEFENSE	EFS	Yd	D	OFFENSE	EFS	Yd	D
Aiming	BS	10	AFD	Aiming	BS	10	LoD
Disconcerting signals	LoS	5	-	Delay of game*	LoS	5	RD
Game interference	BS	10	AFD	Delay of pass*	LoS	-	LoD
Holding (Ill. contact)	BS	10	AFD	Diving	SoF	5	LoD
Ill. blitz	BS	5	-	False start*, DBF	LoS	5	RD
Ill. blitzer signal*	LoS	5	DBF	Flag Guarding	SoF	5	LoD
Ill. contact	BS	10	AFD	Game interference	BS	10	LoD
Ill. flag pull	BS	5		Hitting forward a bwp by passing team	SoF	5	LoD
Ill. forward pass	SoF	5	-	Ill. backwardpass	SoF	5	LoD
Ill. kicking of a pass	BS	5		Ill. contact, also holding	BS	10	LoD
Offside*	LoS	5	-	Ill. forward pass	SoF	5	LoD
Pass interference	BS	10	AFD	Ill. handoff	LoS	5	LoD
Sonstiges	EFS	Yd		Ill. kick by runner*	SoF	5	LoD
Flagrant foul / 2nd unsportsmanlike act	LoS	DQ	DBF	Ill. motion / ill. shift*, DBF	LoS	5	RD
Ill. substitution	LoS	5		Ill. run	LoS	5	LoD
Ill./miss. equipment, bleeding wound, not leaving field, DBF	LoT/5	Yd		Ill. snap*	LoS	5	RD
Inadvertent whistle by an official	LoS/RD o.	DBS		Ill. touching	LoS	-	LoD
Missed challenge	LoS	5 Yd/LoT		Jumping	SoF	5	LoD
Sideline interference	LoS	5	DBF	Pass interference	BS	10	LoD
Unsportsmanlike acts	LoS	10	DBF	Shielding	BS	5	RD

This list may contain errors. Please refer to the official rules!

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If you spot an error on this sheet, please let us know immediately, so we can correct it immediately!

*: Play is whistled

AFD: Automatic First Down Off.

BS: Basic Spot

DBF: Dead Ball Foul

DBS: Dead Ball Spot

EFS: Enforcement Spot

LoD: Loss of Down

LoS: Line of Scrimmage

LoT: Loss of Timeout

RD: Repeat Down

bwp: Backward pass

SoF: Spot of Foul

Yd: Yard

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FlagFootball.Rocks! Does not guarantee the correctness and completeness of the information. Please refer to the official rules.

